

## breastcare

這是一個有關你健康的研究。
你的參與是自願的，你隨時可以停。
你的資料只會被你的醫生及研究專隊看到。
你將會收到一張十五元的禮卷。
如果你有任何問題，請向研究助理人員詢問。

## 請點選你的答案！

我願意參加

我不願意參加

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# 你是否做過乳房X光檢查？ 

沒有

有


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你上一次做乳房X光檢查是什麼時候？
請給我們你最好的猜測！！


# 你是否做過乳房活體組織切片檢驗？ 

（這是醫生用針或手術取出你的乳房細胞。）


## 不知道



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你希望如何顯示你的身高？

## 英尺 及 英寸

## 或

公尺 及公分


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你的活體組織切片檢驗是否發現任何非典型性增生，也叫非典型性障礙？


有

不知道


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你希望如何顯示你的身高？

## 英尺 及 英寸

## 或

公尺 及公分


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## 你有多高？

如果你不知道，請給我們你最好的猜測．

| 英 |  |  | 英寸 |  |
| :---: | :---: | :---: | :---: | :---: |
| 3 | 4 | 1 | 2 | 3 |
| 5 | 6 | 4 | 5 | 6 |
| 清除 |  | 7 | 8 | 9 |
|  |  |  | 0 |  |
|  |  |  | 清除 |  |



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#  


叫

```
公斤
```



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## 你有多重？

如果你不知道，請給我們你最好的猜測．

|  |  | 英磅 |
| :--- | :--- | :--- |
| 1 | 2 | 3 |
| 4 | 5 | 6 |
| 7 | 8 | 9 |
|  | 0 |  |
|  |  |  |



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## 你第一次來月經是多大年齢？

請給我們你最好的猜測！！

> | 未滿 12 歲 |
| :---: |
| 12 或 13 歲 |
| 14 歲或更大 |
| 不知道 |



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你是否生過孩子？

沒有

有


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你是在多大年齡生第一個孩子？
請給我們你最好的猜測！！

未滿 20 歲

20 至 24 歲

25 至 29 歲
30 至 39 歲
40 歲或更大


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# 你目前是否服用 Tamoxifen 或 Raloxifene？這些藥物也被稱為 Nolvadex 或 Evista。 



# Which of the following medications are you currently taking? 

Tamoxifen (Nolvadex)

Raloxifene (Evista)


# Are any of your grandparents Jewish? 



Has a doctor ever told you that you have ovarian cancer?


The following questions are about your blood relatives, including your parents, siblings, children, grandparents, aunts and uncles who are siblings of your parents.

## (Please do not include people related by marriage or adoption)



Have any of your blood relatives been diagnosed with ovarian cancer?


## Which of these blood relatives were diagnosed with ovarian cancer?

Choose all that apply.



Grandmother on your Mother's Side

Aunt(s) on your Mother's Side

Other relative(s)


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How many of your sisters were diagnosed with ovarian cancer?


How many of your daughters were diagnosed with ovarian cancer?


How many of your aunts on your father's side were diagnosed with ovarian cancer?


$$
2 \text { or more }
$$



How many of your aunts on your mother's side were diagnosed with ovarian cancer?


Have any of your blood relatives been diagnosed with breast cancer?


Have any of your male blood relatives been diagnosed with breast cancer?
This includes your father, brothers, uncles, grandfathers, and sons.


How many of your male blood relatives have been diagnosed with breast cancer?


4 or more


Have any of your female blood relatives been diagnosed with breast cancer?


I don't know


## Which of these blood relatives were diagnosed with breast cancer?

Choose all that apply.



Grandmother on your Mother's Side

Aunt(s) on your Mother's Side

> Other relative(s)


How many of your sisters were diagnosed with breast cancer?


$$
2 \text { or more }
$$



How many of your daughters were diagnosed with breast cancer?


How many of your aunts on your father's side were diagnosed with breast cancer?


2 or more



How many of your aunts on your mother's side were diagnosed with breast cancer?


Were any of your blood relatives diagnosed with breast cancer before age 51?


> I don't know


How many of your blood relatives were diagnosed with breast cancer before age 51?


## Have you ever had genetic counseling?

(This is when you have a special appointment to talk with a health professional about your family's cancer history.)


Have you ever had the blood or saliva test to find changes in the breast cancer gene?


What was the result of the breast cancer gene blood or saliva test?


How often do you have a drink containing alcohol? (This includes drinks like beer, wine, wine coolers, and liquor.)


## Once a month or less



Every other day
Every day


On a typical day when you drink, how many drinks do you have? (A drink is 1 can/bottle of beer or wine cooler, 1 glass of wine, 1 cocktail, or 1 shot of liquor.)


How much moderate (like fast walking) to vigorous (like running) exercise do you do each week?


More than 7 hours each week


Are you of Hispanic, Latino, or Spanish origin?

No

Yes


What is your racial or ethnic background?
Please choose the group that you most identify with.


Native American or Alaska Native


Which of the following best describes your ethnicity?
Please choose the ethnicity that you most identify with.


Other Pacific Islander


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謝謝你！

請等待研究助理打印你的個人報告。

請注意，本報告旨在為教育和提供參考，不應作為特定診斷，治療或護理的依據。這報告的內容絕對不能用來替代醫療讙詢。我們極力建議你與合格的醫務人

員討論你的情況。

