

# Power Analysis for PIs

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# Motivation

Power analysis is a key aspect of quantitative research design

Appropriately, it serves a critical function in research proposals

If reviewers find fault—rightly or wrongly—with your power analysis, then your proposal will **not** get a fundable score

Power analyses also are described when reporting results of an RCT

Statisticians conduct power analyses, but need input from you (the PI)

This talk summarizes basic types of input needed for power analyses

I consider continuous (approx. symm. distributed) and binary outcomes  
The basic ideas apply to other types of outcomes, e.g., counts.

# Overview

Conceptual approaches to power analysis

Independent vs. clustered observations

Independent observations: Continuous  $Y$ : Needed inputs

Independent observations: Binary  $Y$ : Needed inputs

Clustered observations: Additional inputs

Clustered observations: Basic concepts

Adjusting for covariates in multivariate models: Additional inputs

Adjusting for non-response: Additional inputs

Reporting effect sizes

Advanced topics

# Typical conceptual approaches to power analysis

Specify level of power (e.g., 80%) and alpha (e.g., 0.05)

## Option 1

PI specifies

- . sampling methodology
- . distribution of the  $X$  and  $Y$  variables
- . effect size

PI seeks estimated sample size needed to detect the specified effect

## Option 2

PI specifies

- . sampling methodology
- . distribution of the  $X$  and  $Y$  variables
- . anticipated sample size

PI seeks estimated minimum detectable effect size

**Option 2** is more common in my experience

## Independent vs. clustered observations

If, by design, observations can be considered independent of each other, then power calculations will be simpler

### Example designs where observations are assumed independent

- . Sample study participants in an individual/independent fashion  
E.g., simple random or convenience sampling design
- . *And*, model cross-sectional outcomes

### Example designs where observations are clustered

- . Sampling clusters, e.g., married couples; doctors & many patients/doctor
- . And/or longitudinal assessments made on sampled individuals

If you sample, e.g., 100 couples, then your data set will be of size  $N=200$

However, couple members are not independent

Likely, the **effective** sample size for power analysis will not equal 200

Here, I assume a 2-level nested structure for clustered observations

## Independent observations: Continuous Y: Needed inputs

1. **Continuous Y**: approx. symmetrically distributed  
Estimated standard deviation of  $Y$  can be useful  
If not available, you could assume std dev of  $Y$  equals 1.0
- 2a. **For binary X**
  - . Estimated distribution of  $X$ , e.g., 50/50, 20/80, 60/40, etc.
- 2b. **For categorical X**
  - . Estimated distribution of  $X$ , e.g., 20/20/60, 40/20/40
  - . Specify which comparisons are of primary importance  
An  $X$  variable with 3 categories has  $3-1=2$  degrees of freedom ( $df$ )  
But there are 3 possible pairwise comparisons  
For proposals, good to limit the number of comparisons to equal  $df$
- 2c. **For continuous X**: approx. symmetrically distributed  
Estimated standard deviation of  $X$  can be useful  
If not available, you could assume std dev of  $X$  equals 1.0
3. **Specify statistical test**. e.g.,  $t$ -test, ANOVA, correlation, linear regression

## Independent observations: Binary Y: Needed inputs

Same as 2a, 2b, and 2c (above) for continuous Y plus...

For binary Y

. Provide an estimate of the distribution of Y, e.g., 50/50, 20/80, 60/40 etc.

Specify statistical test. e.g., chi-square, logistic regression

## Clustered observations: Additional Inputs

Same needed inputs as for independent observations,  
plus the following additional inputs

1. Estimated intra-cluster correlation (ICC) of  $Y$ :  $\rho_Y$
  
2. Two of the following three
  - . Estimated number of clusters
  - . Estimated average cluster size:  $B$
  - . Estimated total sample size



## Clustered observations: Basic concepts

Effect of  $\rho_Y$  on statistical power depends on the comparison proposed.

E.g., if sampling intact couples, there are two basic comparison types

**Between-couple** comparisons, e.g., rural vs. urban couples

Here, **positive**  $\rho_Y$  will tend to **reduce** statistical power

E.g., sampled 100 couples (200 participants)

Members within a couple tend to be more alike

So, for **between-couple** comparisons,  $\rho_Y > 0$  will **effectively** yield  $N < 200$

**Within-couple** comparisons, e.g., younger partner vs. *their* older partner

Here, **positive**  $\rho_Y$  will tend to **increase** statistical power

Positive  $\rho_Y$  tends to increase precision of intra-couple differences

So, for **within-couple** comparisons,  $\rho_Y > 0$  will **effectively** yield  $N > 200$

## Adjusting for covariates in multivariate models: Additional Inputs

- . Choose a focal  $X$  variable for your analysis.
- . Provide an estimate of the  $R$ -squared that would be obtained if the focal  $X$  was regressed onto all other  $X$  variables planned to be included in the model:  $R^2_X$

In many cases, you will not have an estimate of  $R^2_X$

Your statistician can assume, e.g.,  $R^2_X = 0.10$

## Adjusting for non-response: Additional inputs

At minimum, provide an estimate of the proportion of sample members who will have provided all data needed for any particular analysis.

(casewise deletion of missing data):  $Pr_{comp}$

If you have more precise estimates of the proportionate breakdown of sample members with particular patterns of non-response, then that can be useful, as well.

# Reporting Effect Sizes

An effect size describes the expected change in  $Y$  for a given change in  $X$

## Effect size types

(Minimum) Clinically Important Difference: (M)CID

AKA Clinically Meaningful Difference (CMD)

Usually, CIDs are established by consensus

Effect size expressed in natural units of  $X$  and  $Y$ , e.g.,

- . +10 years of age ( $X$ ) is expected to decrease QOL ( $Y$ ) by 5 points
- . Intervention expected to decrease CAD prevalence from 50% to 40%

Standardized effect sizes (standardized  $X$ ,  $Y$ , or both)

- . Intervention expected to decrease QOL by 0.5 standard deviations
- . Intervention expected to halve odds of CAD: OR=0.5
- . +1 std dev of age expected to decrease QOL by 0.5 std dev

Good to use (M)CID/CMD, if accessible

Some reviewers don't like standardized effects for continuous  $X$  and/or  $Y$

## Advanced. Specific adjustments used in power analysis

Adjust your observed sample size ( $N$ ) for the effects of

- . clustered sampling,
- . covariates, and/or
- . non-response

The adjustment(s) result in the estimated **effective** sample size:  $N_{\text{eff}}$

$N_{\text{eff}}$  is plugged into standard power analysis software, instead of  $N$

Adjustment for non-response:

$$N_{\text{eff}} = N \times Pr_{\text{comp}}$$

Adjustment for covariates:

$$N_{\text{eff}} = N \times (1 - R^2_X)$$

Adjustment: between-cluster comparison:

$$N_{\text{eff}} = N \div [1 + (B - 1) \times \rho_Y]$$

Adjustment: within-cluster comparison:

$$N_{\text{eff}} = N \div (1 - \rho_Y)$$

where  $Pr_{\text{comp}}$ ,  $R^2_X$ ,  $B$ , and  $\rho_Y$  are defined as above

*Multiple adjustments are typical, e.g.,*

$$N_{\text{eff}} = N \times Pr_{\text{comp}} \times (1 - R^2_X) \div [1 + (B - 1) \times \rho_Y],$$

( $B$  is re-estimated after first adjusting  $N$  for non-response & covariates)

## Advanced. Clustered sampling designs: ICC of $X$ ( $\rho_X$ )

Previously, I mentioned  $\rho_Y$

An estimate of  $\rho_X$  also may be important

Q: Is your focal  $X$  variable a **subject variable** or a **design variable**?

**Subject variables** are participant-determined, not investigator-determined  
E.g., in a convenience sample, respondent age is a subject variable

**Design variables** are investigator-determined, e.g.,  
. Assignment to intervention versus control group in an RCT  
. Scheduled assessment time in a longitudinal study

If your focal  $X$  is a **subject variable**, then the statistician also will need an estimate of the intra-cluster correlation of  $X$  ( $\rho_X$ )

...however, many statisticians do not know about this...

END